ALI100H2O®

NUTRITIOUS BY NATURE, ESSENTIAL BY CHOICE.

Together for a healthier world.

NOURISHING PEOPLE BUILDING A BRIGHTER TOMORROW

CATALOGUE

HOSPITAIS
Institutional Products

Food solutions
for meals in a
hospital environment.

September 2026

www.ali100h2o.com



NUTRITIOUS MEALS | QUALITY AND SAFETY | INSTITUTIONAL SUPPORT | SUSTAINABLE SOLUTIONS







www.ali100h2o.com | September 2026

Better nutrition today for a brighter tomorrow.

ALI100H2O

NUTRITION BY NATURE, ESSENTIAL BY CHOICE.

Nourishing those who care for all.

HOSPITALS · INTRODUCTION

CARE IN EVERY MEAL

Food solutions to integrate with hospital food services.

Nutrition in the hospital environment

The food service is part of the hospital daily routine and must be coordinated with the responsible teams. Planning takes into account schedules, the number of meals and the specific needs of each service.

From preparation to distribution

Organising menus, quantities, equipment and teams helps to coordinate production and delivery. Hygiene, proper storage and clear preparation instructions are essential throughout the process.

Adapted to the needs of each patient

The choice of products must be validated by the nutrition team, according to dietary composition, allergens, textures and the prescribed diet. The offer should be adjusted to the individual needs and procedures of each hospital.

PLAN • PREPARE • CARE

Institutional products to integrate with hospital food services.



HOSPITAIS

Organisation and care in food services.

Dairy Drink | Porridge | Polenta | Soup | Risotto/Rice | Flavoured Drink

Illustrative images

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NOURISH TODAY.
A STRONGER TOMORROW.

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HOSPITAL FOOD SERVICE

The food service is an integral part of day-to-day hospital care and must be coordinated with the teams responsible for nutrition and for patient care.

Planning should take into account the number of meals, schedules, prescribed diets and the preparation and distribution conditions for each service.

ALI100H₂O institutional products can be integrated into hospital food services, subject to an assessment of their suitability by the nutrition team.



OBJECTIVES OF THE FOOD SERVICE

1. Support the organisation of meals in hospital services.
2. Plan quantities and schedules according to the needs of each service.
3. Coordinate menus with the nutrition team and prescribed diets.
4. Evaluate the composition of the products and the suitability of portions.
5. Coordinate the preparation and delivery of meals to recipients correctly.
6. Take into account allergens, textures and individual dietary needs.
7. Check equipment and storage conditions.
8. Follow the hygiene, storage and preparation instructions for each product.
9. Monitor acceptance of meals and adjust supply to reduce waste.

HOSPITALS *Plan. Prepare. Care.*

Hospital units | Food service | Menu planning | Organised distribution

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FOOD
THAT FUELS
A STRONGER
WORLD.

INSTITUTIONAL PRODUCTS

TARGET MARKETS

Nutritional solutions for different realities.
Together for a healthier and more inclusive diet.



Armed Forces



Police



Prisons



Schools



Hospitals



NGOs



Refugees



Large companies



Emergency Food Aid

Feeding a better tomorrow



Other sectores (etc.)

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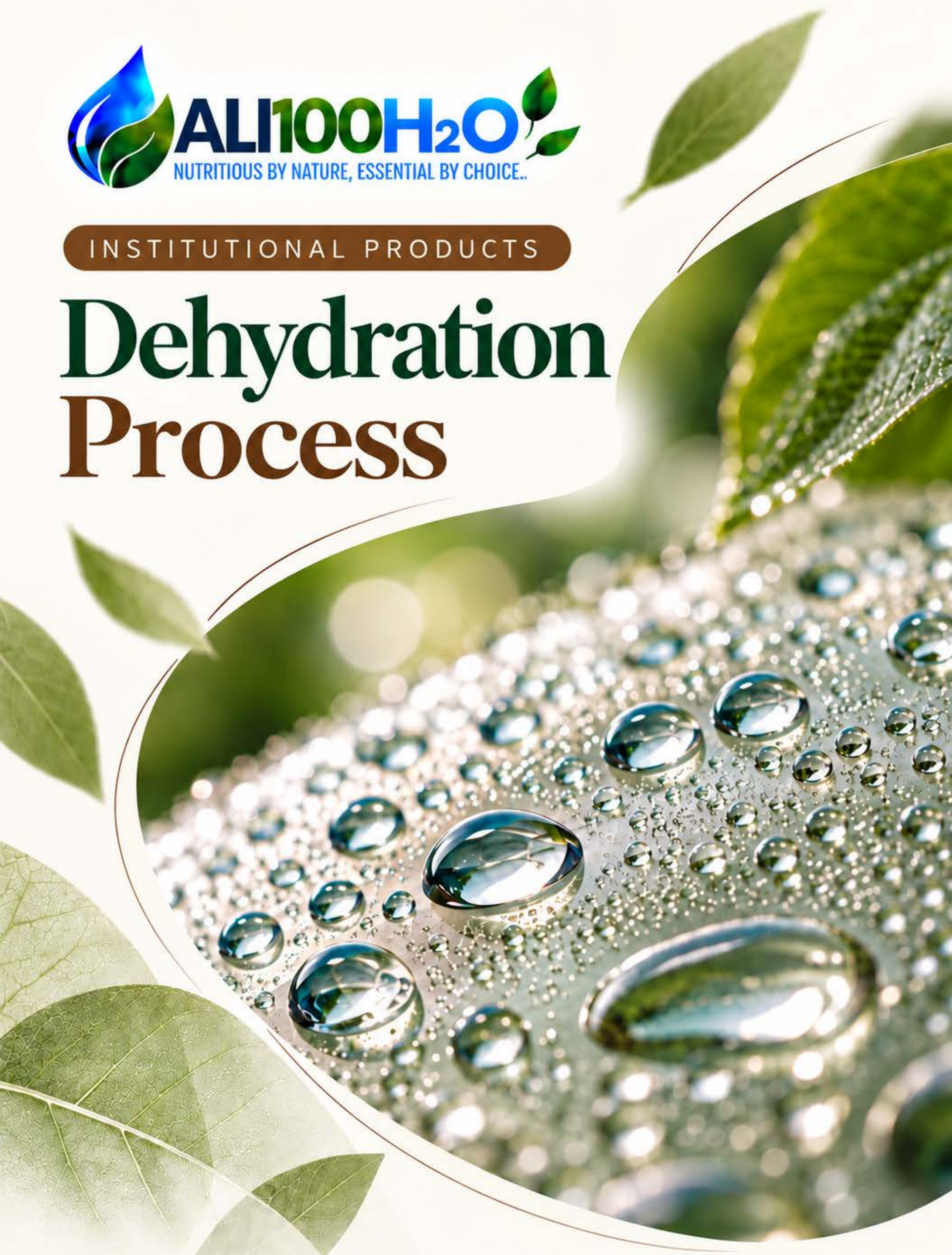
Images for illustration purposes

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INSTITUTIONAL PRODUCTS

Dehydration Process



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INSTITUTIONAL PRODUCTS • ALI1000H₂O

FOOD DEHYDRATION

Learn about the process. Understand the benefits.

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From the ingredient to your table

01 PRESERVATION

Dehydration removes part of the water from foods and reduces the water available for the growth of bacteria, yeasts and moulds. It is a widely used preservation method, ensuring food safety depending on the process, packaging and storage conditions.

02 HOW IT WORKS

In thermal drying, water in solid or liquid foods evaporates, generally below boiling point. Temperature, humidity and air circulation are controlled. Air transfers heat to the food and carriers the water vapour away.

03 NUTRITIONAL QUALITY

Nutrient retention depends on the food and the drying conditions. Minerals such as selenium, potassium and magnesium are generally well preserved; vitamins, including vitamin A, may be lost. The structure and texture can also change.

04 LACTIC CULTURES

Lactic acid bacteria can be sensitive to heat. Their preservation requires specific and controlled processes, such as freeze-drying; survival depends on the strain and the conditions used.

05 STORAGE AND TRANSPORT

Many dehydrated foods can be stored without refrigeration before preparation, according to the label. Suitable packaging and a cool, dry place help preserve the product and can reduce logistics costs.

06 LOWER WEIGHT

Removing water reduces weight and makes transport easier. A food with 90% water can, in theory, weigh around one tenth of its initial weight once this water is removed. The result varies with the residual moisture.

07 REHYDRATION

Adding water allows many dehydrated foods to be reconstituted. The speed and result depend on porosity, the drying method and the preparation. The volume and original texture are not always fully recovered.



Images for illustration purposes

Dairy Drink • Porridge • Polenta • Soup • Risotto / Rice • Flavoured Drink

Nutrition, practicality and a more sustainable future.

Point your camera and find out more

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Knowledge that improves your food choices.

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OUR PRODUCTS

INSTITUTIONAL PRODUCTS



Dairy Drink



Porridge



Polenta



Soup



Risotto / Rice



Pasta



Flavoured Drink

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Images for illustration purposes

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SUPPORT FOR HOSPITALS

NUTRITION THAT CONTRIBUTES TO HEALTH AND WELL-BEING

Food support for Hospitals

DEHYDRATED FOOD SOLUTIONS FOR HEALTHCARE INSTITUTIONS

Nourishing to care

PATIENTS
HEALTHCARE PROFESSIONALS
COMMUNITY
ALWAYS WITH BETTER HEALTH AND QUALITY OF LIFE.

01 EFFICIENT LOGISTICS

Lightweight, compact and easy to transport products, ideal for stock management and continuous supply.

02 LONG SHELF LIFE

High durability, reduces the need for refrigeration and minimises waste, ensuring food safety.

03 QUICK PREPARATION

Meals ready in just a few minutes using drinking water, making the work of hospital kitchen teams easier.

04 HIGH NUTRITIONAL VALUE

Balanced and tasty meals that contribute to the recovery and well-being of patients.

05 WIDE PRODUCT RANGE

Soups, rice, pasta, polenta, dairy drink, flavoured drink, porridge and much more, adaptable to different hospital diets.

06 FOOD SAFETY

Controlled dehydration processes, with high quality and full traceability.

07 SUPPORT FOR HEALTHCARE TEAMS

Practical solutions that save time and resources, allowing a greater focus on what really matters: patient care.

08 A PARTNERSHIP YOU CAN TRUST

ALI100H2O – a partner committed to the nutrition, health and well-being of healthcare institutions and their communities.

Healthier meals for a brighter future with more life.

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QUALITY FOOD AT THE SERVICE OF HEALTH.

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NUTRITIOUS BY NATURE, ESSENTIAL BY CHOICE.

FLAVOURS THAT MAKE A BIG PART OF GREAT STORIES.

Quality food for good moments.

Institutional Products

Dairy Drink and Porridge

DAIRY DRINK

Available flavours

- Coffee
- Fruit salad
- Chocolate
- Cappuccino
- Red berries
- Strawberry and banana
- Brigadeiro
- Neapolitan
- Strawberry with yoghurt
- Yoghurt with fruit
- Oats with banana
- Coconut
- Vanilla
- Strawberry

PORRIDGE

Available flavours

- Chocolate
- Green corn with coconut
- Tapioca with coconut
- Oats with coconut
- Oats with banana
- Vanilla
- Chocolate prestige with coconut
- Strawberry





Images for illustration purposes.

More flavour for a better tomorrow.

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HEALTHY FOOD

STRONGER SCHOOLS

A BRIGHTER FUTURE

Institutional Products

Rice, polenta and soups

FLAVOURS THAT ARE PART OF GREAT STORIES.

RICE

- Rice with chicken and vegetables
- Rice with vegetables
- Rice with meat and vegetables
- Rice with beans, meat and vegetables
- Rice with calabrese sausage and vegetables
- Rice with ribs and vegetables
- Rice with beans, meat and pumpkin



Images for illustration purposes

SOUPS

- Beef soup with pasta and vegetables
- Chicken soup with pasta and vegetables
- Chicken soup with rice and vegetables
- Cereal soup with pasta, meat and vegetables
- Arracacha soup with meat and vegetables
- Bean soup with pasta, meat and vegetables
- Potato soup with pasta and ribs
- Macaroni soup with maize and meat
- Vegetable soup with pasta



Images for illustration purposes

POLENTA

- Meat flavoured polenta
- Chicken flavoured polenta



Images for illustration purposes

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Good food Today Better learning Tomorrow

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INSTITUTIONAL PRODUCTS

FOR SCHOOLS, HOSPITALS, ARMED FORCES AND COMMUNITIES.

THE QUALITY THAT FUELS ACHIEVEMENTS.

PASTA

INSTITUTIONAL PRODUCTS

Good nutrition makes a big difference.

Nutrition and flavour | Practicality and safety | Ideal for large-scale use | No artificial colours

Flavour that nourishes great stories.





Creamy and nutritious for everyday living.





Pasta with tomato and meat sauce

Selected ingredients | Homemade flavour | Source of energy

Pasta with white sauce and chicken

Quality protein | Creamy texture | Balanced nutrition

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Together for a healthier nutrition.

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INSTITUTIONAL PRODUCTS

FOR SCHOOLS, HOSPITALS, ARMED FORCES AND COMMUNITIES.

Great taste, nutrition and well-being in every cup.

Flavoured Drink

10 flavours available

- Pineapple
- Passion Fruit
- Guaraná
- Strawberry
- Orange
- Peach
- Lime
- Grape
- Mango
- Tangerine

- Refreshing and natural taste
- Helps daily hydration
- Ideal for high-volume consumption
- No artificial colourings
- Food safety and quality assurance



Together for a healthier diet.

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QUALITY TODAY.
A HEALTHIER TOMORROW.

September 2026

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Nutritious by nature, essential by choice.

INSTITUTIONAL PRODUCTS

Before and after preparation • Quantities per person and yield

Dehydrated product → Prepared product

Dairy Drink



Images for illustration purposes.

Per person:	50 g	→	250 g
Per 1 kg:	20 servings		

Porridge



Images for illustration purposes.

Per person:	60 g	→	290 g
Per 1 kg:	≈ 17 servings		

Soup



Images for illustration purposes.

Per person:	60 g	→	540 g
Per 1 kg:	≈ 17 servings		

Risotto / Rice



Images for illustration purposes.

Per person:	75 g	→	355 g
Per 1 kg:	≈ 13 servings		

Pasta



Images for illustration purposes.

Per person:	70 g	→	378 g
Per 1 kg:	≈ 14 servings		

Flavoured Drink (Refreshment)



Images for illustration purposes.

Per person:	30 g	→	300 g
Per 1 kg:	≈ 33 servings		

Polenta



Images for illustration purposes.

Per person:	50 g	→	300 g
Per 1 kg:	20 servings		

Practical and versatile • Easy to prepare • Ready to serve

Add water and prepare according to the instructions on the packaging.
Yields per 1 kg of product are approximate, rounded to the nearest unit.

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PREPARATION FOR 1 KG

RISOTTO / RICE



1. 
Bring **4 litres** of water to the boil.

2. 
Add **1 kg** of product to the boiling water and stir well until fully dissolved.

3. 
When it returns to the boil, cook over low heat for **20 to 25 minutes,** with the lid on.

4. 
Ready to serve.

SOUP



1. 
Dissolve **1 kg** of mix in **8 litres** of lukewarm water and stir well.

2. 
Bring to the boil over high heat.

3. 
Once boiling, reduce heat and cook for **15 minutes,** stirring constantly.

4. 
Ready to serve.

FLAVOURED DRINK



1. 
Dissolve **1 kg** of product in **10 litres** of cold or chilled water, as preferred.

2. 
Stir well until completely dissolved.

3. 
Ready to serve.

DAIRY DRINK



1. 
Dissolve **1 kg** of product in **5 litres** of hot, cold or chilled water, as preferred.

2. 
Stir until completely dissolved.

3. 
Ready to serve.

Simple. Nutritious. Delicious.

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PREPARATION FOR 1 KG

PORRIDGE



1



Dissolve **1 kg** of product in **3 litres** of cold water and mix well.

2



Add another **3 litres** of hot water and heat.

3



Once boiling, cook over low heat for **2 minutes**, stirring constantly.

4



Ready to serve.

PASTA



1



Mix the sauce packet **(340 g)** and pasta packet **(660 g)** into **4 litres** of water. Stir well until the sauce is fully dissolved.

2



Heat until boiling.

3



Cook over low heat for approximately **15 minutes**, stirring constantly.

4



Ready to serve.

POLENTA



1



Dissolve **1 kg** of polenta in **5 L** of water.

2



Bring to the boil over high heat.

3



Reduce heat and cook for **5 – 10 minutes**.

4



Serve immediately.



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QUALITY THAT FUELS GREAT STORIES.

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Together for a healthier, more sustainable world.

HOSPITALS

HUMANITARIAN MISSIONS • EMERGENCY RESPONSE • VULNERABLE COMMUNITIES • SOCIAL SUPPORT

OUR SUPPORT FOR HOSPITALS

- HOSPITALS
- EMERGENCY RESPONSE
- SUPPORT FOR COMMUNITIES
- ESSENTIAL NUTRITION
- A HEALTHIER MORE SUSTAINABLE FUTURE



With a minimum purchase of **10 containers**

HOSPITALS
HOPE
IN ACTION

More nutrition, more life, more hope.

For each container with 2,500 cases of 10x1 kg for hospitals, we offer:

200 COOKING POTS



To help with the preparation of meals in communities affected by emergencies.

Image for illustration purposes only.

200 UTENSIL SETS

Each set is composed of:

- 4 dinner plates
- 4 soup plates
- 4 cups
- 4 eating spoons
- 2 cooking spoons
- 1 measuring jug
- 1 soup ladle



Image for illustration purposes only.

PRACTICAL AND VERSATILE | QUALITY AND SAFETY | IDEAL FOR VULNERABLE COMMUNITIES | SUPPORT IN EMERGENCY SITUATIONS | SUSTAINABLE SOLUTIONS FOR A BRIGHTER TOMORROW

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Together for a healthier, happier world.

SUPPORTING HOSPITAIS

NUTRITIONAL SOLUTIONS FOR A HEALTHIER RECOVERY.

SAFE, CONVENIENT AND HIGH-QUALITY NUTRITION

- Balanced nutrition and easy to prepare.
- Reduced preparation time.
- Safe, nutritious products with a long shelf life.
- Ideal for patients, healthcare professionals and visitors.
- Contributes to a healthier and more sustainable diet.









NUTRITION THAT SPEEDS UP RECOVERY

SUPPORTING PUBLIC HEALTH AND COMMUNITIES

EFFICIENT LOGISTICS AND SAFE DISTRIBUTION

PRACTICAL AND VERSATILE | QUALITY AND SAFETY | IDEAL FOR LARGE CONSUMPTION | SUPPORTS HEALTHCARE INSTITUTIONS | SUSTAINABLE SOLUTIONS FOR A BRIGHTER FUTURE

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QUALITY
THAT NOURISHES
GREAT
STORIES.

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Together for healthier world.

MADE IN BRAZIL

THE FACTORY

INSTITUTIONAL PRODUCTS AND FOOD BASKETS

Facilities



Production





Packaging



Storage







Offices and Support Areas





Dehydrated Ingredients



Images for illustration purposes

Laboratory



Team



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QUALITY PRODUCTS | SAFE PROCESSES | SPECIALISED TEAM | COMMITMENT TO THE FUTURE

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More than products, results for a brighter tomorrow.

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FEEDING
PEOPLE
BUILDING
TOMORROWS

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Nutritious by nature, essential by choice.

By the side of those who care for lives today, for a better tomorrow.

HOSPITALS

THANK YOU

For caring and supporting this mission.

Nutrition, care and recovery.





- HOSPITAL SUPPORT
- PATIENTS, HEALTHCARE PROFESSIONALS AND VISITORS
- NUTRITION FOR RECOVERY
- PRACTICAL AND SAFE MEALS
- A HEALTHIER TOMORROW

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