ALI100H2O

NOURISHING BY NATURE, ESSENTIAL BY CHOICE.

CATALOG

SCHOOL FEEDING

Institutional Products

Food solutions for meals
in the school environment.

September 2026



www.ali100h2o.com

Illustrative image

ALI100H2O

NUTRITION BY NATURE, ESSENTIAL BY CHOICE.

SCHOOL MEALS • INTRODUCTION

CARE FOR THE SCHOOL TABLE

Food solutions to integrate meal serviçes in the school environment.



Meals in the school routine

The cafeteria is a space for social interaction and discovering healthy eating habits. Meal planning should consider the students' ages, schedules and the organization of each school.

From preparation to the cafeteria

Organizing menus, quantities, equipment and teams helps coordinate the preparation and the service. Hygiene, preservation and preparation instructions for each product must guide the entire process.

Attention to the needs of each student

The selection of products and portion sizes must be coordinated with those responsible for school feeding. The composition, allergens and specific dietary needs must guide the adequacy of the menus.

PLAN • PREPARE • SHARE

Institutional products to integrate school meal services.

SCHOOL MEALS

Organization and care in every meal.

Milk Drink | Porridge | Polenta | Soup | Risotto / Rice | Flavoured Drink

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ALI100H2O
NUTRITION BY NATURE, ESSENTIAL BY CHOICE.

Feed a healthier tomorrow

SCHOOL MEALS • INTRODUCTION

MEALS IN THE SCHOOL ENVIRONMENT

Nutritional solutions for a healthier generation

The meal service is part of the daily school routine and provides a space for social interaction and learning healthy eating habits.

Planning must take into account the students' ages, the number of meals, meal times and the preparation conditions and service at each school.

ALI100H2O institutional products can be integrated into school meal services by assessing their suitability with the support of those responsible for menus.



Illustrative image

OBJECTIVES OF THE MEAL SERVICE

1. Support the organization of meals in schools.
2. Plan quantities and meal times according to the number and ages of the students.
3. Coordinate menus with those responsible for school meals.
4. Assess the composition of the products and the suitability of portion sizes.
5. Coordinate the preparation and service of meals in the cafeteria.
6. Consider students' allergies and specific dietary needs.
7. Check equipment and storage and distribution conditions.
8. Follow hygiene, storage and preparation instructions for each product.
9. Monitor acceptance of the meals and adjust supply to reduce waste.

SCHOOL MEALS

Plan. Prepare. Share.

- Schools
- School cafeterias
- Menu planning
- Sharing a meal

ALI100H2O | School Meals

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NUTRITION THROUGH NATURE, ESSENTIAL BY CHOICE.

FOOD
THAT SUPPORTS
A STRONGER,
HEALTHIER
WORLD.

INSTITUTIONAL PRODUCTS

TARGET MARKET

Nutritional solutions for different realities.
Together for a healthier and more inclusive diet.



Armed Forces



Police



Prisons



Schools



Hospitals



NGOs



Refugees



Large Companies



Emergency Food Aid

Feeding a better tomorrow



Other sectors (etc.)

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INSTITUTIONAL PRODUCTS
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INSTITUTIONAL PRODUCTS

Dehydration Process

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INSTITUTIONAL PRODUCTS • ALI100H₂O

FOOD DEHYDRATION

Learn the process. Understand the benefits.

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From ingredient to your table

01 PRESERVATION

Dehydration removes part of the water from food and reduces the available water for the growth of bacteria, yeasts and molds. It is a preservation method widely used, ensuring safety throughout the process, from packaging to storage conditions.

02 HOW IT WORKS

In thermal drying, the water in solid or liquid foods is evaporated, generally at low boiling temperature. Temperature, humidity and air flow are controlled. The heat is transferred to the food and the water vapor is carried outside.

03 NUTRITIONAL QUALITY

Nutrient retention depends on the food and the drying conditions. Minerals, such as selenium, potassium and magnesium, are generally well preserved; vitamins, including vitamin A, may experience losses. The structure and texture can also change.

04 LACTIC CULTURES

Lactic acid bacteria can be sensitive to heat. Their preservation requires specific and controlled processes, such as freeze-drying; survival depends on the strain and the conditions used.

05 STORAGE AND TRANSPORTATION

Many dehydrated foods can be stored without refrigeration before preparation, according to label instructions. Proper packaging and a cool, dry place help preserve the product and can reduce logistics costs.

06 LIGHTER WEIGHT

Removing water reduces weight and makes transportation easier. A food with 90% water can, in theory, be up to one-tenth of its initial weight if that water is removed. The result varies with the residual moisture content.

07 REHYDRATION

Adding water allows many dehydrated foods to be reconstituted. The speed and result depend on the porosity, drying method and preparation. The original volume and texture are not always fully recovered.



Illustrative images

Milk Drink • Cornmeal Porridge • Polenta • Soup • Risotto/Rice • Flavoured Drink

Nutrition, practicality and a more sustainable future.

Point your camera and learn more

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Knowledge that makes better food choices.

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OUR PRODUCTS

INSTITUTIONAL PRODUCTS



Dairy Beverage



Porridge



Polenta



Soup



Risotto / Rice



Pasta



Flavored Beverage

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Illustrative images

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NUTRITIONAL BY NATURE, ESSENTIAL BY CHOICE.

Nourish our students today, invest in their future.

INSTITUTIONAL PRODUCTS

Food solutions for School Nutrition

MORE NUTRITION
MORE LEARNING
A BRIGHTER FUTURE
A HEALTHIER SOCIETY.

DEHYDRATED, NUTRITIOUS, PRACTICAL AND SUSTAINABLE FOODS
FOR SCHOOLS, CANTEENS AND EDUCATIONAL INSTITUTIONS.

01 SIMPLE LOGISTICS
Lightweight, compact and easy to transport products, ideal for supplying schools and canteens.

02 LONG SHELF LIFE
High durability, reduces the need for refrigeration and minimizes food waste.

03 FAST PREPARATION
Ready meals in just a few minutes, with drinking water, making work easier in school kitchens.

04 HIGH NUTRITIONAL VALUE
Soups, rice, pasta, polenta, beverages and balanced porridge, which provide the energy and essential nutrients for growth and development.

05 VARIETY OF PRODUCTS
Soups, rice, pasta, polenta, beverages, flavored drinks, porridge and much more, with flavors adapted to children's palates.

06 INCLUSIVE NUTRITION
Enables the preparation of balanced meals, with adaptations for different diets and food needs (intolerances and allergies).

07 SUSTAINABILITY
Less waste, lower environmental impact and better use of resources.

08 PARTNERSHIP THROUGH EDUCATION
ALI100H2O – a partner committed to nutrition, health and the academic success of our children.



Good Nutrition Today Better Learning Tomorrow

Nurture a brighter future with more opportunities.

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QUALITY | NUTRITION
EDUCATION | SUSTENTABILITY

ALI100H2O
NUTRITION BY NATURE, ESSENTIAL BY CHOICE.

FLAVOURS THAT MAKE GREAT STORIES.

Quality that nourishes good moments.

Institutional Products

Milk-Based Drink and Porridge

MILK-BASED DRINK

Available flavours

- Coffee
- Fruit salad
- Chocolate
- Cappuccino
- Red fruits
- Strawberry with banana
- Brigadeiro
- Neapolitan
- Strawberry with yogurt
- Yogurt with fruits
- Oat with banana
- Coconut
- Vanilla
- Strawberry

PORRIDGE

Available flavours

- Chocolate
- Green corn with coconut
- Tapioca with coconut
- Oat with coconut
- Oat with banana
- Vanilla
- Chocolate prestige with coconut
- Strawberry

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More flavour for a brighter tomorrow.

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ALI100H2O

NUTRITION BY NATURE, ESSENTIAL BY CHOICE.

Nutrition by nature, essential by choice.

HEALTHY SCHOOL FOOD

STRONGER SCHOOLS

A BRIGHTER FUTURE

Institutional Products

Rice, polenta and soups

FLAVORS THAT ARE PART OF GREAT STORIES.

RICE

- Rice with chicken and vegetables
- Rice with vegetables
- Rice with meat and vegetables
- Rice with beans, meat and vegetables
- Rice with Calabrian sausage and vegetables
- Rice with ribs and vegetables
- Rice with beans, meat and pumpkin



Illustrative images

SOUPS

- Beef soup with pasta and vegetables
- Chicken soup with pasta and vegetables
- Chicken broth with rice and vegetables
- Cereal soup with pasta, meat and vegetables
- Cassava soup with meat and vegetables
- Bean soup with pasta, meat and vegetables
- Potato soup with pasta and ribs
- Pasta soup with corn and meat
- Vegetable soup with pasta



Illustrative images

POLENTA

- Meat-flavored polenta
- Chicken-flavored polenta



Illustrative images

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Good nutrition Today Better learning Tomorrow

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NUTRITION BY NATURE, ESSENTIAL BY CHOICE.

INSTITUTIONAL PRODUCTS

FOR SCHOOLS, HOSPITALS, ARMED FORCES AND COMMUNITIES.

THE QUALITY THAT FUELS ACHIEVEMENTS.

PASTA

INSTITUTIONAL PRODUCTS

Good nutrition makes a big difference.

- Nutrition and great taste
- Practicality and safety
- Ideal for large consumption
- No artificial colourings

Flavour that nourishes great stories.





Creamy and nutritious for everyday meals.





Pasta with tomato and meat sauce

- Selected ingredients
- Homemade flavour
- Source of energy

Pasta with white sauce and chicken

- High-quality protein
- Creamy texture
- Balanced nutrition

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Together for a healthier nutrition!

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INSTITUTIONAL PRODUCTS

FOR SCHOOLS, HOSPITALS, ARMED FORCES AND COMMUNITIES.

Great taste, nutrition and well-being in every cup.

Flavoured Drink Mix

10 flavours available

- Pineapple
- Passion Fruit
- Guaraná
- Strawberry
- Orange
- Peach
- Lime
- Grape
- Mango
- Tangerine

- Refreshing and natural flavour
- Helps with daily hydration
- Ideal for high-volume consumption
- No artificial colourings
- Quality and food safety



Together for a healthier diet.

Illustrative images

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QUALITY TODAY.
A HEALTHIER TOMORROW.

ALI100H2O

Nutrition by nature, essential by choice.

INSTITUTIONAL PRODUCTS

Before and after preparation • Quantities per person and yield

Dehydrated product ➡ Prepared product

Dairy Beverage



Illustrative images.

Per person:	50 g ➡	250 g
1 kg:	20 servings	

Creamy Mash



Illustrative images.

Per person:	60 g ➡	290 g
1 kg:	≈ 17 servings	

Soup



Illustrative images.

Per person:	60 g ➡	540 g
1 kg:	≈ 17 servings	

Risotto / Rice



Illustrative images.

Per person:	75 g ➡	355 g
1 kg:	≈ 13 servings	

Pasta



Illustrative images.

Per person:	70 g ➡	378 g
1 kg:	≈ 14 servings	

Flavoured Drink (Refreshment)



Illustrative images.

Per person:	30 g ➡	300 g
1 kg:	≈ 33 servings	

Cornmeal



Illustrative images.

Per person:	50 g ➡	300 g
1 kg:	20 servings	

Practical and versatile • Easy to prepare • Ready to serve

Add water and prepare according to the package instructions.
Yields per 1 kg packaging are approximate, rounded to the nearest unit.

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PREPARATION FOR 1 KG

RISOTTO



1. 
Bring **4 liters** of water to a boil.

2. 
Add **1 kg** of the product to the boiling water, stirring well until completely dissolved.

3. 
Once boiling again, simmer over low heat for **20 to 25 minutes**, with the pan covered.

4. 
Ready to serve.

SOUP



1. 
Dissolve **1 kg** of the mixture in **8 liters** of lukewarm water and stir well.

2. 
Bring to a boil over high heat.

3. 
Once boiling, reduce the heat and cook for **15 minutes,** stirring constantly.

4. 
Ready to serve.

FLAVORED DRINK



1. 
Dissolve **1 kg** of the product in **10 liters** of cold or iced water (as preferred).

2. 
Stir well until completely dissolved.

3. 
Ready to serve.

DAIRY DRINK



1. 
Dissolve **1 kg** of the product in **5 liters** of hot, cold or iced water (as preferred).

2. 
Stir until completely dissolved.

3. 
Ready to serve.

Simple. Nutritious. Delicious.

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PREPARATION FOR 1 KG

PORRIDGE



1



Dissolve **1 kg** of the product in **3 liters** of cold water and mix well.

2



Add another **3 liters** of hot water and bring to the stove.

3



After it starts to boil, cook over low heat for **2 minutes**, stirring constantly.

4



Ready to serve.

PASTA



1



Dissolve the contents of the tomato sauce packet **(340 g)**, together with the pasta packet **(660 g)**, in **4 liters** of water. Mix well until completely dissolved.

2



Bring to the stove and bring to a boil.

3



Cook over low heat for approximately **15 minutes**, stirring constantly.

4



Ready to serve.

POLENTA



1



Dissolve **1 kg** of polenta in **5 L** of water.

2



Bring to a boil over high heat.

3



Reduce the heat and cook for **5 to 10 minutes.**

4



Serve immediately.

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QUALITY THAT FEEDS GREAT STORIES.

OUR SUPPORT FOR SCHOOL FEEDING

HUMANITARIAN MISSIONS • EMERGENCY RESPONSE
VULNERABLE COMMUNITIES • SOCIAL SUPPORT

- SCHOOL FEEDING
- EMERGENCY RESPONSE
- SUPPORT FOR COMMUNITIES
- ESSENTIAL NUTRITION
- A HEALTHIER FUTURE

With a minimum purchase of 10 containers





For each container with 2,500 Boxes of 10x1 Kg for School Feeding, we provide:

200 POTS

To help with the preparation of meals in affected communities.



Pot similar to the image.

200 KITCHEN UTENSIL SETS

Each set is composed of:

- 4 dinner plates
- 4 soup plates
- 4 cups
- 4 eating spoons
- 2 cooking spoons
- 1 jug (measuring cup)
- 1 soup ladle



Set similar to the image.

- PRACTICAL AND VERSATILE
- QUALITY AND SAFETY
- IDEAL FOR VULNERABLE COMMUNITIES
- SUPPORT IN EMERGENCY SITUATIONS
- SUSTAINABLE SOLUTIONS FOR A BETTER FUTURE.

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NUTRIENDO
A LAS PERSONAS
CONSTRUVENDO
MEJORES
MAÑANAS

ALI100H2O®

NUTRITIVO POR NATURALEZA, ESENCIAL POR ELECCIÓN.

Juntos por un mundo más saludable.

NUESTRO APOYO A LA ALIMENTACIÓN ESCOLAR

MISIONES HUMANITARIAS • RESPUESTA DE EMERGENCIA
COMUNIDADES VULNERABLES • APOYO SOCIAL

A partir de 10 contenedores como mínimo

- Una alimentación equilibrada y de alta calidad.
- Contribuye al desarrollo de los niños y jóvenes.
- Fácil preparación y alto rendimiento.
- Productos seguros, naturales y de larga duración.
- Apoyo a escuelas, municipios y programas sociales.



- ALIMENTACIÓN ESCOLAR
- NIÑOS Y JÓVENES MÁS SALUDABLES
- APOYO À LA EDUCACIÓN
- NUTRICIÓN SOSTENIBLE
- CALIDAD Y SEGURIDAD ALIMENTARIA
- UN FUTURO MÁS SALUDABLE



COMIDAS NUTRITIVAS Y EQUILIBRADAS



APOYO A ESCUELAS Y COMUNIDADES



LOGÍSTICA EFICIENTE Y DISTRIBUCIÓN SEGURA

- PRÁCTICO Y VERSÁTIL
- CALIDAD Y SEGURIDAD
- IDEAL PARA GRANDES CONSUMIDORES
- APOYO A INSTITUCIONES EDUCATIVAS
- SOLUCIONES SOSTENIBLES PARA UN FUTURO MEJOR

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Más nutrición, más educación, más vida.

QUALITY THAT FUELS GREAT STORIES.

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Together for a healthier world.

THE FACTORY

BASIC FOOD BASKETS AND INSTITUTIONAL PRODUCTS

MADE IN BRAZIL

Facilities



Production





Packaging



Storage







Office and Support Areas





Selected Ingredients



Laboratory



Specialized Team



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HIGH-QUALITY PRODUCTS | SAFE PROCESSES | SPECIALIZED TEAM | A COMMITMENT TO THE FUTURE

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Even more products for better results and a brighter tomorrow.

NOURISHING PEOPLE BUILDING BRIGHTER TOMORROWS

More nutrition, more education, more life.

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Together for a healthier world.

SCHOOL MEALS

NUTRITIOUS MEALS FOR A HEALTHIER FUTURE.



- SCHOOL MEALS
- CHILDREN AND YOUTH HEALTHIER
- SUPPORT FOR EDUCATION
- SUSTAINABLE NUTRITION
- QUALITY AND FOOD SAFETY
- A HEALTHIER FUTURE

- NUTRITION AND BALANCE
- SUPPORT FOR LEARNING
- HEALTHIER CHILDREN
- QUALITY PRODUCTS
- A HEALTHIER FUTURE

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- SUPPORT FOR EDUCATIONAL INSTITUTIONS

More than products, results for a brighter tomorrow.

September 2026